## Ted Hellier Community Lacrosse Fund/Laxfest Event (THCLF/LE) PARTICIPANT WAIVER & RELEASE OF LIABILITY

INSTRUCTIONS: Each participant (player, coach, staff member, manager, parent) must read and agree to this statement before completing and signing this Waiver and Release. Your signature represents your voluntary agreement to the terms below. Parents/ Guardians must read and agree to the statement below before signing for the minor child participant and yourself.

## DO <u>NOT</u> SIGN THIS WAIVER UNLESS YOU HAVE READ, UNDERSTAND, AND AGREE WITH IT. IT IS EXPECTED THAT ALL PARTICIPANTS HAVE AGREED TO THE TERMS HEREIN.

I am choosing to participate in a Ted Hellier Community Lacrosse Fund/Laxfest Event. I understand that lacrosse is a strenuous, fast-paced game involving physical contact with inherent dangers, and when played within the bounds of the rules, can result in serious injury, paralysis and even death. I assume all the risks of such injury and even death, inherent in the game of lacrosse. I will inspect the fields that I will play, coach, work, and/or spectate on, and confirm them to be in such a condition that there are no dangers visible to me; if I do see dangerous conditions on the field, I will notify Event organizers immediately.

I acknowledge and recognize that THCLF/LE, the entity that sponsors the Event, does not and cannot control the conduct of players and that their conduct is controlled to the extent of the rules of the game by the discretionary calls of lacrosse officials.

I represent that I am outfitted with equipment that meets NCAA and/or USL specifications relevant to play, i.e., helmet, gloves, arm pads, goggles. I am aware that there are greater dangers if I do not use such equipment, and I assume all associated risks.

I further understand it is recommended that I consult with a physician prior to participating in physical activity such as lacrosse. I do hereby declare myself to be physically sound and suffering from no condition, impairment, disease, infirmity, or other illness that would prevent or impair my participation in any of the activities of the THCLF/LE Event. I do hereby acknowledge that I have been informed that a physician's approval prior to my voluntary participation in the Event is recommended. I acknowledge that I have either had a physical examination and have been given my physician's permission to participate, or that I have decided to participate without the approval of my physician, and do hereby assume all responsibility for my actions and physical conditions arising from any participation in the THCLF/LE Event. I acknowledge that THCLF/LE reserves the right to deny participation if it is deemed by the medical staff that my participation could cause further harm to myself, or to others.

THCLF/LE makes every effort, both in preparation and on-site, to consider the general safety of Event venues and its attendees. There are inherent risks associated with attending a sporting event; attendees (to include spectators) agree to be present and spectate at their own risk. I also acknowledge that there are dangers inherent in spectating and being present at the Event site. I assume the risk of injury from being struck by lacrosse balls, which can travel at speeds in excess of 100 mph. I also understand that players sometimes cannot stop running or avoid being pushed outside of the lines of the field of play. While spectating, I agree not to sit or stand within any area designated or marked as off limits. I agree to advise any family member or guest who accompanies me to the Event about the dangers of spectating or being present on the grounds and that it is important that they be extra vigilant about the above dangers and take precaution.

Should the Event offer transport shuttles, or other amenities, attendees understand that shuttles are an optional courtesy convenience; utilization is at-will, and to be exercised at passengers' own risk.

THCLF/LE makes every effort to facilitate and promote fair and safe competition. Burden is on the player, guardian, and coach to be aware of and in compliance with published terms and conditions, and eligibility guidelines/restrictions. THCLF/LE is not responsible for, but reserves the right to disqualify any team and/or player who is determined ineligible.

I assume all risks and on behalf of myself and my heirs and assigns waive, release and forever discharge Ted Hellier Community Lacrosse Fund/Laxfest Event and its officers, shareholders, agents, employees, contractors, affiliates, sponsors, volunteers, representatives, Event Venues, and all others associated therewith from any and all responsibilities or liability for injuries or damages resulting from my participation in and/or attendance at the THCLF/LE Event, including, but not limited to, the games, my preparation for the games, spectating, staff duties/activities, being present at any meetings and social events, and agree not to sue them.

I agree to indemnify and defend the releasees and hold them harmless from any and all claims, suits, causes of action and damages of any kind caused by, or resulting or arising from, my participation in or attendance at the Event, including, but not limited to, damages to the property of, or injury or death to, the releasees, the undersigned or anyone else.

I hereby give my consent to Ted Hellier Community Lacrosse Fund/Laxfest Event, to provide, through a medical staff of its choice, customary athletic training attention, as well as arranging for transportation to medical facilities/hospitals and/or emergency medical services as the medical staff deems warranted in the course of my participation in the THCLF/LE Event.

I have read and agree to all terms of the event, to include the Ted Hellier Community Lacrosse Fund/Laxfest Event, especially with regard to my responsibilities as a participant. My signature certifies that I understand and accept the conditions required for the Ted Hellier Community Lacrosse Fund/Laxfest Event.